



# The Office for Ministry with Youth

Accompanying Through, With, & In Christ  
Archdiocese of Philadelphia

## OMY Adult Formation and Support

### The OMY Professional Development Track (The Track)

#### The Track: **STOP 1** > **Ministry 101: Ministry with Youth Orientation**

##### > *What is Ministry 101?*

An in-person training on foundations on effective youth discipleship designed to help new Ministers and those seeking to accompany youth to establish healthy habits crucial to the mission of ministering with today's youth.

##### > *What topics are covered in Ministry 101?*

Topics include What is Ministry with Youth? (context, culture, language), the Personal Vocation, Vision and Goals + Partnerships, Professional Skills



"Being brand new to Youth Ministry I left the workshop with an excellent understanding of the role and importance of Youth Ministry in our faith and local parishes. I also found a group of mentors and friends who are willing to help in any way. That kind of heartfelt support is amazing." ~ Tina Angelo, DELCO Young Disciples

##### > *Who can attend Ministry 101?*

Ministers with Youth as well as C/DREs, Catechists, Scout and CYO leaders, Clergy, and anyone interested in learning more about engaging and discipling youth today.

##### > *How much does it cost to register?*

The cost is **under \$25 per registrant**.

##### > *When and Where is the next Ministry 101*

**Twice a year** | 9:00 AM to 3:30 PM (typically) | Dates and locations vary



"I have found the monthly Cohorts with the same youth ministers, both experienced and new, to be an invaluable way to grow as a youth minister. The monthly topics are very appropriate to our ministry. Gathering with the same cohorts each month builds trust among us to learn, be challenged and affirm our work with the youth, team members and parents. The process works!"

~ Sr. Mary Ann Callahan, St. Margaret of Antioch, Narberth

#### The Track: **STOP 2** > **Minister Cohorts: Relational Discipleship**

##### > *What is a Cohort?*

An eight-session, bi-weekly, one-hour-a-month on Zoom training designed to equip Ministers with tools and strategies to foster meaningful connections with young people as they journey with Christ.

##### > *What are the Session Topics covered?*

Leading Yourself, (2) Adult Mentors, (3) Spiritual Practices & Learning (Part 1), (4) Spiritual Practices & Learning (Part 2), (5) Day Retreat (in-person), (6) Service & Justice, (7) Families, (8) Leading Change

##### > *Who can participate in a Cohort?*

All lay Ministers with Youth.

##### > *How much does it cost to participate?*

The cost is **\$40 per registrant**. It includes MCODE Assessment and Relational Discipleship Inventory, two individual coaching sessions, day retreat, and materials.



**Participant Stories**



**The Office for Ministry with Youth**  
Accompanying Through, With, & In Christ  
Archdiocese of Philadelphia

**OMY Adult Formation and Support**

**Professional Development  
"Beyond" The Track**

**Resources, Spiritual Formation, and  
Pastoral Care**

> Professional Development Gatherings

Gatherings on topics relevant to Ministry with Youth, Minister care, and current youth culture and trends.

- > Topics are presented by experts in the respective fields.



*"The formation events provided by OYM are unparalleled. When I have left the various formation opportunities, I am so grateful for it and how unknowingly necessary it was for me as a youth and young adult minister." ~ Lisa Kopertowski, Our Lady of Guadalupe, Doylestown*

> Continuing the Journey Conference

A bi-annual weekend conference for youth workers by the Archdiocese of Newark.

- > Held every two years in April (next is 2026).
- > Fee has traditionally been \$300 with on-site accommodations, less if staying off-site. Includes all meals.
- \*The OMY *highly* encourages participation due to its close proximity to our Archdiocese, excellent quality, and low cost.



*"Youth Ministers, we can only pour from full cups, going on Continuing the Journey is a weekend of letting God fill that cup, don't pass the opportunity up!" ~ Kevin Kozeniewski, Epiphany of Our Lord, Plymouth Meeting*

> Newsletter and Website

A way of sharing and providing relevant resources and opportunities.

> Retreats

A day retreat in partnership with the Office for Ministry with Young Adults, to nurture the spirit of Ministers.



*"The OMY has been such a blessing to me and my ministry! They have connected me with other ministers in my area and supported me both professionally and personally by providing ongoing formation and self care opportunities. They are so passionate about supporting ministers in walking with the young people in our Church today." ~Megan Carey, Our Mother of Good Counsel, Bryn Mawr*

> Ministers Appreciation Mass and Dinner

An FREE evening in gratitude to our Ministers for their "all-in" accompaniment of our youth.

- > End of May each calendar year
- > Mass at the Cathedral at 5:15pm, followed by reception and dinner.

> Peer Mentorship and Deanery Family Gatherings

Peer Mentors and Deanery Family groups to guarantee peer support, collaboration, and empowerment.

- > Parishes without a Minister with Youth may join and collaborate in ministry with youth initiatives with peers in their geographical area.



**Participant Stories**