



# MARATHON

## YOUTH MINISTRY

### **Pastor's Cohort in the Archdiocese of Philadelphia Overview:**

Young people are leaving the Church, not due to the lack of "hard truths," but due to lack of a sense of belonging. The solution isn't more programming but a new approach to engage the youth.

Since 2016, Marathon Youth Ministry has worked with parishes and dioceses, including the Archdiocese of Philadelphia, to equip clergy and lay leaders with tools and training for engaging young people.

Below is a description of the content, tools, and strategy that Marathon Youth Ministry uses to assist pastors in their understanding of reaching and accompanying the young church. You will also find two possible plans to make this possible.

By equipping priests with a better understanding of the discipleship emphases required for reaching the young, we can ensure that the Church becomes a beacon of faith, worship, and witness for generations to come.

#### **7 Discipleship Emphases:**

The following emphases were developed by TENX10, a Marathon Youth Ministry strategic partner focused on reaching 10 million young people over the next 10 years. To learn more about them go to [Tenx10.org](http://Tenx10.org).

- Personal Growth of Youth Leaders
- Training Mentors
- Nurturing Young People's Belonging
- Centering Teenagers' Identity in Christ
- Exploring Young People's Purpose
- Equipping Diverse Families
- Leading Change in the Community

#### **Cohort Sessions:**

A cohort is a group of like minded individuals who gather on a regular basis to collaborate around ideas and encourage one another through different challenges. The cohorts offered in the program are a mix of in-person and virtual sessions. Each session will focus on the 7 Discipleship Emphases as well as:



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- MCODE™ Assessment: This assessment focuses on an individual's motivational drive, helping them to make better decisions around time, energy and staff.
- "Growing Young" by Kara Powell, Jake Mulder, and Brad Griffin, providing key characteristics for effectively reaching the next generation.

### **Cohort Schedule:**

- Orientation: (In-person) Identifying challenges and outlining strategies.
- Session 2 (Virtual): Understanding MCODE™ results.
- Session 3 (In-person) Masterclass modules from the TENX10 Initiative.
- Session 4: (Virtual): Follow up to Masterclass modules.
- Session 5: (In-person) Strategies for parish growth and leadership.
- Session 6: (Virtual): Follow up to strategies for parishes.
- Wrap-Up Session: (In-person) Setting future goals and designing ongoing partnerships. (*see below*)

### **Session Details:**

Preparation for each session will occur via MYM Platform, the sessions will take the following form:

- Full-day (*Time TBD*) for orientation and Wrap Up Session - location TBD
- In-person Sessions are half-day (10am - 3 pm) - locations TBD
- Follow-up Virtual Sessions (75 minutes in length) via Zoom

Wrap Up Session: During the wrap-up we will discuss future collaboration with the Office for Ministry with Youth (OMY). There we will look at the option of resources and training offered through OMY and Marathon Youth Ministry.